

Pay as YOU GO



Wave PRICE GUIDE

GYM

Gym session	£7.30
Gym session - concessions*	£3.50
*concessions: junior, disabled, Universal Credit, Employment and Support Allowance, Pension Credit or Job Seekers Allowance (proof of entitlement required on admission).	

EXERCISE CLASSES

Exercise class	£4.00 – £7.20
Seniors exercise class	£4.90
Health walk	£2.00

KIDS ACTIVITIES

Junior coaching course	£4.90
Dino's soft play (Downs)	£4.70
Magic Castle (Peacehaven)	£3.30
Ocean Adventure (Lewes)	£3.30
Ocean Adventure and swim	£4.20
Childminders/additional siblings (soft play)	£2.60
Under 1's entry to soft play	£2.60
Supervised under 5's session	£1.90
Disabled Soft Play session (all sites)	£2.60

SUNBEDS

Sunbed	£6.50
Sunbed Saver card (11 for 10)	£65.00

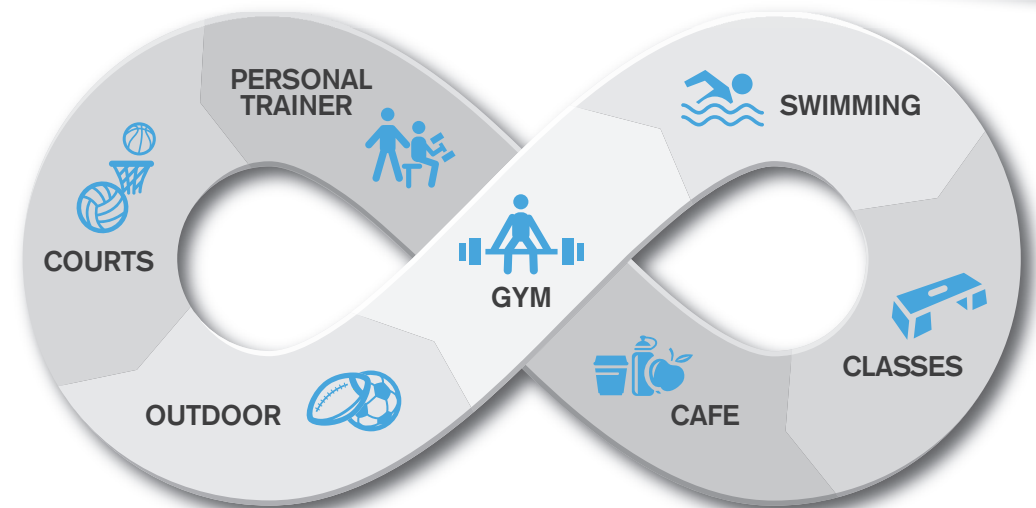
RACKET SPORTS

(1 hour unless otherwise stated)

Badminton court/ Short tennis - adult	£10.20
Badminton court/ Short tennis - junior	£5.20
Table tennis - adult (per table)	£4.70
Table tennis - junior (per table)	£2.40
Sports hall (whole hall)	£52.50
Squash court - adult (40 mins - Peacehaven)	£5.60
Squash court - junior (40 mins - Peacehaven)	£3.00

SWIMMING

Adult swim	£4.70
Senior, student and junior swim	£3.00
Under 4's	£1.00
Family swim	£10.50
Family swim (Benefit Claimant)	£8.00
Disabled/Benefit Claimant swim	£2.40
Exercise referral swim	£3.00
Aqua aerobics	£6.10
Swim lesson - adult	£6.10
Swim lesson - junior	£5.10
Private lesson	£18.30



Go to www.waveleisure.co.uk to join

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LEWES • PEACEHAVEN • SEAFORD • NEWHAVEN


MAX

flex

Our **BEST VALUE** package. Discounted monthly rates for a 12 month commitment to fitness and **NO JOINING FEE!** If you prepay for the year you get **two months free**, 14 months of fitness for the price of 12!

What's included...

 **UNLIMITED** gym, classes and swimming across our centres plus 10 days advance booking rights.


 **Three** one-to-one appointments with one of our qualified fitness instructors to design a personalised program, set achievable goals and check progress.


	Monthly Direct Debit	Annual
Adult	£34.95	£419.40
Senior (60+)	£31.95	£383.40
Student (16yrs+)	**£22.95	**£275.40
Junior (14-15yrs)	*£17.95	*£215.40
Corporate	£31.95	£383.40
Swim	£22.95	£275.40

*restrictions apply
**Full time course

Our rolling month-to-month contract for **full fitness flexibility**, subject to a joining fee of £39.95 (concessions and Swim only membership £19.95).

What's included...

 **UNLIMITED** gym, classes and swimming across our centres plus 10 days advance booking rights.

 **Three** one-to-one appointments with one of our qualified fitness instructors to design a personalised program, set achievable goals and check progress.

	Monthly Direct Debit
Adult	£42.95
Senior (60+)	£37.95
Student (16yrs+)	**£26.95
Junior (14-15yrs)	*£21.95
Corporate	£37.95
Swim	£26.95

*restrictions apply
**Full time course