Christmas Bank Holiday Group Exercise Classes Programme

Please note the following classes **will be running** on **Christmas Eve** and **New Years Eve** at **Lewes Leisure Centre**.

Time	Class	Location
Christmas Eve - Tuesday 24th December		
8:00am - 8:45am	Group Cycle	Projectile Hall
9:00am - 9:45am	Body Pump	Projectile Hall
10:00am - 10:30am	Core Blast	Projectile Hall
Wednesday 25th December	Closed - A Merry Christmas to all our customers	
Thursday 26th December		
New Years Eve - Tuesday 31st December		
8:00am - 8:45am	Group Cycle	Projectile Hall
9:00am - 9:45am	Power Circuits	Projectile Hall
10:00am - 10:45am	Pilates	Projectile Hall

For further information on our Group Exercise Classes visit www.waveleisure.co.uk