



Ringmer Swimming Pool Timetable 2020



Monday	
Time	Session
Morning Sessions	
08:30 - 16:00	School Use
Afternoon Sessions	
16:00 - 18:30	Swim School
Evening Sessions	
20:30 - 21:15	Lane Swim (Adult)

Tuesday	
Time	Session
Morning Sessions	
06:30 - 07:15	Fitness Swim (Adult)
07:30 - 08:15	Fitness Swim (Adult)
08:30 - 16:00	School Use
Afternoon Sessions	
16:00 - 17:00	Lane Swim
17:15 - 18:00	Fitness Swim
Evening Sessions	
20:15 - 21:00	Lane Swim

Wednesday	
Time	Session
Morning Sessions	
08:30 - 16:00	School Use
Afternoon Sessions	
16:00 - 18:00	Swim School
Evening Sessions	
18:15 - 19:00	Lane Swim

Thursday	
Time	Session
Morning Sessions	
08:30 - 16:00	School Use
Afternoon Sessions	
16:00 - 18:00	Swim School
Evening Sessions	
18:30 - 19:15	Fitness Swim
19:30 - 20:30	#This Girl Can Swim

All sessions must be booked in advance - you will not be permitted to enter if you have not pre-booked your swim session.

Fitness Swim and Lane Swim are not suitable for children under the age of 11 years.

Please note: timetable subject to change.



Ringmer Swimming Pool Timetable 2020



Friday	
Time	Session
Morning Sessions	
06:30 - 07:15	Fitness Swim (Adult)
07:30 - 08:15	Fitness Swim (Adult)
08:30 - 16:00	School Use
Afternoon Sessions	
17:00 - 17:45	Lane Swim
Evening Sessions	
18:00 - 18:45	Lane Swim

Saturday	
Time	Session
Morning Sessions	
08:00 - 08:45	Lane Swim (Adult)
09:00 - 12:30	Swim School
Afternoon Sessions	
13:00 - 14:00	Family Bubble Swim
14:30 - 15:30	Family Bubble Swim

Sunday	
Time	Session
Morning Sessions	
08:00 - 08:45	Lane Swim (Adult)
10:15 - 11:15	Family Bubble Swim
11:45 - 12:45	Family Bubble Swim

All sessions must be booked in advance - you will not be permitted to enter if you have not pre-booked your swim session.

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