



Lewes Leisure Centre Swimming Pool Timetable 2020



Monday	
Time	Session
Morning Sessions	
06:00 - 06:45	Fitness Swim (Adult)
07:00 - 07:45	Fitness Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	School Use
10:30 - 11:15	60+ Swim
11:30 - 12:15	Lane Swim
Afternoon Sessions	
12:30 - 13:15	Fitness Swim
13:30 - 14:30	Lane Swim
14:45 - 15:30	Lane Swim
16:00 - 18:15	Swim School
Evening Sessions	
18:30 - 19:15	Lane Swim
19:30 - 20:15	Fitness Swim (Adult)

Tuesday	
Time	Session
Morning Sessions	
06:00 - 07:00	Fitness Swim (Adult)
07:45 - 08:45	Lane Swim
09:00 - 10:00	School Use
10:30 - 11:15	Lane Swim
11:30 - 12:15	Lane Swim
Afternoon Sessions	
12:30 - 13:15	Fitness Swim
13:30 - 14:30	Lane Swim
14:45 - 15:30	Lane Swim
16:00 - 18:15	Swim School
Evening Sessions	
18:30 - 19:15	Lane Swim
19:30 - 20:15	AquaFit Class

Wednesday	
Time	Session
Morning Sessions	
06:00 - 07:00	Fitness Swim
07:45 - 08:45	Lane Swim
09:00 - 10:00	School Use
10:30 - 11:15	Lane Swim
11:30 - 12:15	Lane Swim
Afternoon Sessions	
12:30 - 13:15	Fitness Swim
13:30 - 14:30	Lane Swim
14:45 - 15:30	Lane Swim
16:00 - 19:00	Swim School
Evening Sessions	
19:15 - 20:00	Fitness Swim (Adult)
20:15 - 21:00	Lane Swim

Thursday	
Time	Session
Morning Sessions	
06:00 - 06:45	Fitness Swim (Adult)
07:00 - 07:45	Fitness Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	School Use
10:30 - 11:15	Lane Swim
11:30 - 12:15	Lane Swim
Afternoon Sessions	
12:30 - 13:15	Fitness Swim
13:30 - 14:30	#This Girl Can Swim
14:45 - 15:30	Lane Swim
16:00 - 18:15	Swim School

All sessions must be booked in advance - you will not be permitted to enter if you have not pre-booked your swim session.

Fitness Swim and Lane Swim are not suitable for children under the age of 11 years.

Please note: timetable subject to change.



Lewes Leisure Centre Swimming Pool Timetable 2020



Friday	
Time	Session
Morning Sessions	
07:45 - 08:30	Fitness Swim
09:00 - 10:00	School Use
10:30 - 11:15	AquaFit Class
11:45 - 12:30	Lane Swim
Afternoon Sessions	
12:45 - 13:30	Fitness Swim
13:45 - 14:30	Lane Swim
14:45 - 15:30	Lane Swim
16:00 - 18:15	Swim School
Evening Sessions	
18:30 - 19:15	Lane Swim
19:30 - 20:15	Fitness Swim
20:30 - 21:15	Lane Swim (Twilight)

Saturday	
Time	Session
Morning Sessions	
08:00 - 08:45	Lane Swim (Adult)
09:00 - 11:15	Swim School
11:30 - 12:15	Lane Swim
Afternoon Sessions	
12:45 - 13:30	Flume Bubble Swim
12:45 - 13:30	Toddler Family Swim
13:00 - 14:00	Family Bubble Swim
13:45 - 14:30	Flume Bubble Swim
13:45 - 14:30	Toddler Family Swim
14:30 - 15:30	Family Bubble Swim
15:00 - 15:45	Flume Bubble Swim
15:00 - 15:45	Toddler Family Swim

Sunday	
Time	Session
Morning Sessions	
08:00 - 08:45	Lane Swim (Adult)
09:00 - 12:45	Swim School
Afternoon Sessions	
12:45 - 13:30	Flume Bubble Swim
12:45 - 13:30	Toddler Family Swim
13:00 - 14:00	Family Bubble Swim
13:45 - 14:30	Flume Bubble Swim
13:45 - 14:30	Toddler Family Swim
14:30 - 15:30	Family Bubble Swim
15:00 - 15:45	Flume Bubble Swim
15:00 - 15:45	Toddler Family Swim

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